

# DFY Bulletin—The news update



## Responding to Ethnic Violence in Assam

There are over 3,00,000 internally displaced persons (IDPs) in Assam, which is highest in the world during 2014 says the report released by Asian centre for human rights released in January 2015. There have been a series of ethnic violence in Assam during the year 2014. On December 21st, 2014 the Bodo-land autonomous region of Assam suffered an eruption of ethnic violence, particularly in the two districts of Kokrajhar and Sonitpur. More than 30 people were gunned down by Bodo militant group. Reportedly by 23rd December, 65 persons belonging to the Adivasi community, including women and children, at five different places of Assam were killed. "At least 250 people are reported missing in one of the bloodiest incidents of ethnic violence in the north-eastern state, bringing back memories of 2012 when similar conflicts between Bodo tribal groups and Bengali-Muslims in Kokrajhar and neighbouring districts left about 100 people dead and lakhs of people were homeless. Simultaneously the attack continued in Kokrajhar district. Hundreds of houses were burnt down by the militants and thousands of people in the affected districts of

Kokrajhar, Sonitpur, Udalguri and Chirang left their homes and took shelter in schools and churches and other relief camps. The worst affected villages from these districts are Pakhiguri, Mainapur, Dimapur, Salakati, Konapara, Manikpur, Samsingilla, Gossaigaon and Ultapani (Kokrajhar), Shantipur (Chirang), Phulbari and Batasipur (Sonitpur). Night curfew was imposed in Kokrajhar, Chirang, Udalguri and Sonitpur keeping in mind the security concerns.

Doctors For You (DFY) started its response in Kokrajhar and Chirang district on the basis of initial assessment that was carried out on 30.12.14. A team of DFY consisting of Doctors, field officers and coordinators are engaged in this response program. The objective of this program is to provide reproductive health care services, awareness on water, sanitation and hygiene (WASH), de-worming and primary health care services to the affected population inhabiting in the relief camps.

### Highlights of Kokrajhar Response

- > 12 Health camps were organized where 737 patients were treated, 729 were given De-worming medicine, 24 pregnant females were registered and 17 clean delivery kits were distributed.
- > De-worming of 506 persons in relief camps of Pakhiguri, Ultapani, Bharatnagar, Athiabari & Saralpara.
- > Registration of 96 pregnant women in five relief camps
- > Distribution of 48 clean delivery kits in relief camps

## Story Of Rohita Gayari: Delivered a Baby in Relief Camp

Pregnancy is one of the most tender phase of a woman's life. 35 year old Rohita Goyari was in her last trimester of pregnancy when the unfortunate ethnic violence in Kokrajhar, forced her to take shelter in one of the relief camps of Gossaigaon.

She delivered her baby in a relief camp itself on 20th January (2015) using the clean delivery kit provided

by Doctors For You. Both mother and the baby are safe at present. Doctors For You has been active in registration of pregnant women in these relief camps and distribution of clean delivery kits in relief camps. The DFY-NERO team has been working constantly in the relief camps to provide reproductive health care services.



WASH awareness campaign at Pakhiguri relief camp



Rohita Gayari with her new born baby



De-worming awareness at Pakhiguri Relief Camp

## Capacity Building of Health workers in Jammu & Kashmir



*Session on Swine Flu in ASHA training on Disaster Management at Magam Block , Budgam District*



*UNICEF and RedR participated in the 50th Jammu and Kashmir training's certification ceremony at Sumbal Block , Bandipora District*



*BLS session at Pampore Block , Pulwama District*

The environmental changes in last few centuries have increased the onset of natural disaster risks whereas man made conflicts also are a challenge for the society. The society in general is unaware of impending disasters and an arising need has been noted to include disaster preparedness as well in the works of disaster management. It has been proved that the organizations that intervene with an approach of not only responding to disaster but also preparing the society for future events have made more successful interventions (Burnham GB & Abdallah S.; Public Health Guide For emergencies by John Hopkins University & , 2000). Doctors For You always adopt for the similar approach of ensuring that the society recovers from disasters and feel prepared for any future event to the extent of mitigating the loss of lives and material. In the same series, Doctors For You organized a state-wide training of health workers for 'Public Health in Emergencies' and trained 70 state level trainers, 743 district level trainers and at present involved in training of ASHA workers at block level. Till now DFY has trained 560 ASHA workers at block level. This capacity building exercise is customized on basis of geography and participant profiles. The broad areas of training topics are disaster prevention & preparedness, Marking vulnerable population, Basic Life Support, CPR, WASH & Hygiene, adolescent health & social issues, psycho social support, lifting of patient, generating initial rapid assessment during injuries etc.

### Special sessions on swine flu :

The death toll from swine flu this year has soared to around 22,000 with more than 1198 deaths reported across the country since March 4th. In Kashmir, 277 cases of swine flu have been reported and there were 7 recorded deaths. The spreading disease has spread fear and myths among the community regarding the disease. Analyzing the need, Doctors For You has included a special session on swine flu in its block level ASHA training. The session discusses handlers and standard practices. The training team attempts to break myths and generate awareness regarding the disease. The most common myths resolved during DFY's block level trainings are:

- There is no cure for swine flu
- India has a shortage of drugs;
- You get swine flu only once in your life
- There is no treatment for swine flu

### Highlights

Trainings: 50  
 State health dept. trainers: 70  
 District health dept. trainers: 743  
 ASHAs trained: 560  
 Coverage: 21 districts in Jammu and Kashmir  
 2 Mock drill- One with Civil Defense for Social Welfare Department staff in Jammu and Second with SDRF for local volunteers in Bandipora

## ASHA training for 7 north-eastern states with NHSRC



*ASHA training on Disaster Management*



ASHA or Accredited Social Health Activist is a trained female community health activist in village level and ASHAs are one of the key components of the National Rural Health Mission. They play a very important role during any disaster response across India. At present we have more than 9 Lakh ASHA's working at village level. The role of ASHAs gets intensified during emergency situations as she is primary responder to any disaster.

ASHA can support the health system by developing awareness about post disaster health issues and its social determinants. She can also mobilise the community towards local health planning and increase the utilisation

and accountability of existing resources. Considering this, it's important to train this untapped resource for disaster preparedness & response. Doctors for You in association with NHSRC, New Delhi had organised 3 days training for all 7 north eastern state ASHA facilitators state trainers.

The venue for this exercise was Indian Institute of Banking Management and 45 participants benefitted from the training. The facilitators for the training were Dr. Ravikant Singh, Dr. Mridul Kumar Deka and Dr. Archana Thombare

## Health Facility Support in Kashmir

Post Flood many of the health facilities in all the affected districts were partially or completely damaged. Thus DFY started with a standard health Facility assessment based on IPHS formate in 6 Districts covering 91 facilities. Later DFY marked 77 health facilities as critical and started extending support. They are of 51 Sub centers (SCs), 20 Primary Health centers (PHCs), 1 Mini-Maternity Center, 3 Sub-district hospital and 2 Community Health Centers. In all of these facilities DFY has provided a range of essential materials like Emergency batch of medicines, Gas heaters, Blankets, beddings and medical equipments.

### Emergency Medicines

First batch of emergency medicines has been delivered in all the 77 selected facilities. The set has been specially designed to cater the basic needs of the facilities for a month. These medicine comprises predominantly specific live saving drugs like Insulin, Anti-hypertensive, pediatric

drugs and maternal drugs. For sub-centers, medicine worth 10,000rs (approx.), medicfor Primary Health Center, medicine worth 50,000rs (approx.), and for Sub-district hospital/ Community Health center worth 110,000 rs (approx.) have been dispatched. Also DFY had dispatched 1 lakh Vitamin A tablets to support the Immunization program and 1.2 Lakh Albendazole to support de-worming programs in these health facilities.

### WASH:

In the process of ensuring clean water availability in facilities, DFY had dispatched around 80,000 chlorine tablets and other water purifiers' solutions. In addition DFY has taken up a full project of restoration and construction of both water supply and toilet in a facility.

### Winterized kit:

DFY is providing Gas heater, Blankets and bedding to all the selected facilities. The numbers are customized as per the facility's requirements.



*Donation of Medicines, heaters and Blankets in Sub District hospital Magam, Budgam*



*Distribution in Primary Health Center Wular Lake, Bandipora*

## Doctors For You, Mumbai Operations

### School Health Care Services at Govandi, Mumbai

Doctors For You, Mumbai team conducted a health check up camp for school children of Gyan Vihar (an informal school run by Karunya Trust) in Govandi on 19th Feb 2015. During this camp 71 children were benefitted with the services provided by Doctors For You, Mumbai Team.

The services offered during this health check-up were Dental check up, Albendazole and Vitamin A supplementation. Along with general dental checkup, tooth pastes were distributed to promote oral hygiene among the school children.



*Dr. Vaishali examining a children during the camp*

### Street Play for Disability Awareness

Doctors For You, Mumbai team organized a street play in Lallubhai compound to spread awareness about disability and role of physiotherapy. The play was acted by children and DFY staff and received a very positive response from large number of community members who attended the event.

To address the queries of audience, an interactive session was organized between community members and Dr.Tajuddin chitapure after the play was over.



*Moments from the street play*

### Best Employee Awards

Doctors For You, Mumbai has a tradition of rewarding best employees every quarter. For Q2 and Q3 of 2014, two employees were awarded along with two other special awards.

The employees who made DFY proud are:

#### Best Employees:

1. Mr Rakesh Rane- Mr Rakesh Rane, Accountant, awarded for Q3
2. Dr Vaishali Venu- Dr Vaishali enu, Dentist, awarded for Q4

#### Special Awards :

1. Ms Seema Sutar- Ms Seema, staff Nurse,
2. Ms Shahina Shaikh- Registration staff at the Natwar parikh centre



*From left to Right- Dr Naresh Gill, Mr Rakesh Rane, Dr Veena Mulgaonkar, Ms Shahina Shaikh, Ms Seema Sutar, Dr Vaishali Venu and Dr Ravikant Singh*

## Delivering Health & Happiness: Project Trisha of DFY-USA

Health & Happiness are the two most important factors to live a gratified life but both jeopardizes for an under-privileged family if they find that their child is suffering from critical illness and treatment will cost a big fortune. Doctors For You-USA (DFY-USA) works for revitalizing the both: health and happiness. DFY-USA is working with a mission to improve the quality of lives of under-privileged children across the world. Under Project Trisha, DFY-USA provides financial support towards the treatment of underprivileged children who otherwise are not able to afford the

medical expenses for the procedures. The key criterion for case selections under this project are that the case must be referred by the doctor based on the needs of the patient and the treatment should provide significant improvement in the life of the child. DFY-USA has officially partnered with G.B. Pant Hospital & Sri Gangaram Hospital in Delhi. Two Cardiologists and one cardiothoracic surgeon have volunteered to review and provide cases of children requiring the treatment, which belong to the families who genuinely necessitate monetary



Name: MD Saad, 1 year, Boy  
Surgery: Open Heart Surgery  
Hospital: Sir Gangaram, New Delhi  
Doctor: Dr Raja Joshi  
Date of procedure: Dec 31, 2014



Subhan, 6 year, Boy  
Surgery: Open Heart Surgery, pacemaker  
Hospital: GB Pant, New Delhi  
Doctor: Dr Sumod (& Dr. Saket  
Date of Procedure: Jan 20, 2015



Name : Annu  
Surgery: Angioplasty procedure  
Diagnosis: bilateral renal artery stenosis  
Procedure: Balloon angioplasty  
Location: Hospital GB pant  
Doctor: Dr Arima Nigam  
Date of procedure: Feb 3, 2015.

### NGO Leadership & Excellence Award by ABP News

17th February 2015, ABP news rewarded Doctors For You with **NGO Leadership & Excellence award** for its excellent contribution in the humanitarian field.

Mr Saket receiving award on behalf of DFY (on right)



Shagun,  
Age: 1.5 years,  
Gender: Boy  
Surgery: Open Heart Surgery  
Hospital: Sir Gangaram, New Delhi  
Doctor: Dr Raja Joshi  
Date of procedure: Feb 2, 2015



Hunny Singh,  
Age: 1 year,  
Gender: Boy  
Diagnosis: PDA, need procedure  
Doctor: Dr. Arima  
Hospital: GB Pant, Delhi India  
Date of procedure: Jan 27, 2015



**Doctors For You (DFY)** is a medical humanitarian organization formed by a team of highly experienced and specialized doctors from various parts of the world. DFY's focus is to address the most alarming and concerning problems faced by mankind today viz. healthcare, hygiene, disaster response and emergency medical aid in the most affected, developing countries, thereby touching millions of lives around the world.

### Genesis of Doctors for You

The genesis of "Doctors for You" dates back to the time of crisis when Mumbai witnessed the one of the worst outbreak of Malaria & Dengue. Thousands of people were affected. A group of young doctors decided to take on the challenge and address this issue. The word spread, people flocked in to donate blood/platelets and many lives were saved. Owing to the success, the group organized various such drives all across the city. The group decided to formalize the initiative and registered the organization, and 'Doctors For You' was born. In 2008, during the Bihar floods (a national disaster), it was felt that there was no dedicated medical disaster response team in India for the disaster relief work. Doctors for You decided to fill this gap and immediately responded to the call of Nation. A team of 45 doctors was immediately sent to Bihar for flood relief work. The team worked in Bihar for six months treating over 130,000 patients especially women and children. At present DFY has established itself as an organization working on disaster health and primary health care for all.



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