

DFY Bulletin—The journey in 2015

Key highlights of 2015

The year 2015 has been one of the most active year for Doctors for You. The year saw numerous unfortunate events including floods and earthquake to all of which DFY responded with emergency response. While extending its reach to new horizons, DFY also expanded its regular activities in areas where it maintains regular presence.

For DFY, special activities in 2015 started with capacity building training exercise for the entire state of Jammu & Kashmir, a training that was conducted in collaboration with National Rural Health Mission. In the month of April, Jammu & Kashmir faced flash floods to which Doctors for You responded in Pulwana and Budgam districts. In the same month, Nepal faced the unfortunate earthquake to which as well, DFY responded with multiple response teams. DFY response to Nepal earthquake proved to be DFY's biggest response till date and DFY's first international response. The response included setting up of field hospitals, supporting government and other organization hospitals with human resources and material, national level equipment and medicine donation (covering prime health facilities of fourteen districts). Towards the end of year DFY did two more emergency responses as well in Assam post Lower Assam Floods and Chennai Flood Response. In Chennai DFY became official coordinator of flood response in zone 4 of flood affected areas while intervening in three districts including Chennai, Thiruvallur and Cuddalore.

2015 also saw DFY launching new projects as well such as Community based Management of Acute Malnutrition (In Bihar& Mumbai), NM Budhrani Trust Health Centre in Masarhi Village, CII Project in Kashmir and launch of DFY Centre for Community Development and Peace Building (CCDP) and DFY Research wing as well. In Mumbai, DFY launched two new health centers in Santacruz and Kalwa in 2015 and also conducted multiple other programs including donation of nutrition supplements to drug resistant TB patients, start of CMAM project and up-gradation of Mankhurd health center laboratory.

All in all, in 2015, even in the midst of so many unfortunate events DFY with the help of our donors did our best to serve the cause of tens of thousands. Given below is short elaboration of DFY activities in 2015.

Tamil Nadu Flood Response 2015

The December 2015 floods in Chennai devastated the whole city. In response to the Chennai floods, DFY sent a team of doctors to Tamil Nadu on 7th December 2015 for initial rapid assessment. Based on the assessment DFY identified critical work areas in the districts of Cuddalore, Thiruvallur and Chennai city. The medical camps began in Chennai from 11th December, in Tiruvallur district from 21st December, and Cuddalore district from 24th December 2015. These medical camps are being organised to benefit those whose accessibility to healthcare is poor and also to prevent onset of diseases which a post-disaster area is prone to. To prevent the worm infestation due to water contamination, the team also started with deworming camps in Cuddalore district in the last week of December.

DFY is also promoting Child health awareness through IEC activities and specialized health camps in schools and Anganwadi centers.

DFY also volunteered to provide technical support to the government of Tamilnadu. The monitoring officer for Zone 4, Chennai, Mr. Rajendra Ratnoo, IAS, has permitted DFY to work with the Institute for Communicable Diseases (ICD) during the response phase and aid in the activities by identifying gaps and implementing strategies to resolve them.

DFY has conducted 27 health camps between 11th December to 31st December and 4775 people patients have been served by the team. The maximum number of cases noted were related to respiratory infections. Total 2228 patients presented with respiratory infection. Except these 1267 people were suffering from nutritional deficiency, 969 were suffering with skin issues and diarrhoeal cases were also noted in high number.

The team plans to extend its support till March with multiple activities and review the plan on need basis assessment to be conducted in March 2016.



In this bulletin

Medical Response 2015

- **Jammu and Kashmir April 2015 Flash Floods**—Pulwama and Budgam district
- **Nepal April 2015 Earthquake relief and Response**— Nuwakot District hospital and 20 VDCs; and Equipment and medical relief support to 14 districts
- **Lower Assam August 2015 floods response**- Kokrajhar, Dhubri and Bongaigaon.
- **Tamil Nadu December 2015 Flood Response**— Chennai, Thiruvallur and Cuddalore District.

Transition and Rehabilitation Project 2015

- **Capacity building to 22 district of JnK**
- **Wular lake Project:** Recovery of 8 health facilities in Wular lake area; DRR program to create 10 response units; 380 units construction under Sanitation program
- **Emergency Management Exercises in Assam**

Development Projects 2015

- **Launch of two health centres at DFY Mumbai**
- **DFY Mumbai :** Nutrition Supplements to Drug Resistant Tuberculosis patients;; Start of Community Based Management of Acute Malnutrition (CMAM) at MRVC DFY Health centre Mankhurd; Up gradation of Laboratory at Health Centre in Mankhurd;
- **DFY Bihar launches Community Based Management of Acute Malnutrition (CMAM)**
- **Community Development Initiatives (CDI) Programs:** Community Farming in Masarhi village; Skill Development initiatives; Education Promotion; Odha do Zindgi Campaign; Swachh Masarhi Abhiyaan; Sports Promotional Program in Masarhi

DFY Bihar launches Community Based Management of Acute Malnutrition (CMAM)

Under Bihar DFY-NMBT Rural Health Center initiative, Doctors For You has started its Community Based Management of Acute Malnutrition (CMAM) project for malnourished children in Masarhi Panchayat, Fatwa Block, Patna. The method used for determining malnourished children is MUAC (mid upper arm circumference) tape including height and weight measurements. Those who fall under SAM category are admitted in the center and RUTF (ready to eat therapeutic food) is supplied to them after triage and appetite test. Their mothers are also advised on how to properly feed the therapeutic food to their children.

In Bihar 58 percent of children under five are malnourished out of which 5.8 percent falls under Severe Acute Malnutrition (SAM). This accounts for 9 lakhs children which fall under SAM.



Safe Motherhood Promotion: God Bharai event

In the month of December, Doctors for you organized God Bharai (the baby shower) event in Masarhi village. The aim of the program was to educate villagers about the importance of motherhood, ANC checkups, Institutional delivery, exclusive breast feeding and importance of IFA, Calcium and other dietary foods during pregnancy time.

Total 54 pregnant women participated from different villages. DFY distributed "Grooming Kit" among the pregnant women. The Grooming Kit included Saree, dry fruits, bangles, sindoor, hair oil, comb, alta and bindiya.

Doctors For You's project on Community development & Peace Building

Doctors For You, Bihar has adopted Masarhi village to be developed as a model village through its CCDP program.

Community Farming in Masarhi village

Under the CCDP Program, DFY has started a Community Farming program in Masarhi village with the help of local villagers. The program's aim is to provide organic vegetables and fruits to the underprivileged families for their dietary need. For this winter season, 7 land owners have donated 7 *katha* land for this group cultivation program. Once the vegetables and fruits will grow, it will be distributed among the belonging families. This program does not only fulfill the dietary requirement of poor villagers but also acts as a bridge to lessen the gaps between the rich & poor communities where one side is socially & economically rich but the other is poor & deprived.



Skill Development initiatives

Under the CCDP initiative, DFY has launched a skill development program in Masarhi village from December, 2015. The program aims to empower the females of the village. The very first step for this initiative was to open a tailoring Centre in Masarhi, where 64 girls and housewives have already registered their names and 16 girls have training from expert trainers from this center. For this course minimum monthly fee is 75 rupees per month and the fees is waived for economically and socially backward communities.



Education Promotion

Under the CCDP program, DFY has launched education promotion activities to support the school going children, boys and girls. For the Primary school students, DFY is providing free tuition for all on everyday basis. Approx. 200 students from class I to class VIII are participating in the program on daily basis. The aim of the program is to empower the students from all the section of society to prepare and face the competition level exams for their future endeavors.

Apart from this, DFY has started free coaching classes for Mathematics and science to support the students who are going to appear in class X Bihar board exam of 2016. These classes run on every Sunday where the trainers are coming from reputed coaching institutes from Patna for the classes. Besides Masarhi, students from the other villages are also joining.

Sports Promotional Program in Masarhi

For the promotion of physical and mental strength among the youth and children, DFY has started a sports promotion program in Masarhi village. DFY has distributed indoor and outdoor games instruments to the youths and children. Till now DFY has distributed badminton shuttles & corks, volley balls, Carom boards, distance throws etc.

Till now more than 50 children and youths are using the donated instruments. The aim of the program is to find out the talents among the youths and children.

Swatch Masarhi Abhiyaan

Masarhi village faces various hygiene related challenges due to the poor infrastructure, open drainage system, open defecation etc.

DFY has launched a weekly cleanliness drive named as "Swatch Masarhi Abhiyaan" Under this program, on every Sunday, staff of NMBT-DFY Health Centre and local youths provide one hour time for "shramdan" for the cleanliness of the village. More than 50 youths are volunteering for the program.

Odha do Zindgi Campaign

DFY and Goonj are implementing Odha Do Zindgi program for this winter season in Masarhi Panchayat of Patna district. The program is nation wide campaign of Goonj to which DFY has partnered for this village. As we believe that "Winter doesn't kill people, lack of cloth does !!". The program runs through "Cloth for Work" project. The program aims to provide Winter Family Kit (warm cloths, blankets, shoes, socks, baby dolls) against the work which has to do by the beneficiaries. Total 20 beneficiaries have been supported till December 2015. These beneficiaries repaired a 10 km road between Masarhi to Naikaroad halt and also cleaned DFY's Masarhi hospital campus under this project.

Rehabilitation Project in Kashmir

Health facility recovery of Asthingoo Ghat health Zone

With support of CII, DFY has deployed a team of medical professionals like ANM, health coordinator, specialist consultant- gynecologist, specialist consultant- pediatrician and doctor for general medicine to support the recovery of the flood affected facilities in Wular lake area. The team has adopted PHC Asthingoo Ghat and is supporting them with infrastructure, human resources, training, technical and material support, which includes medicines, equipment and consumables. The team has also established a clinic in NTPHC, Zurimanz that is near the Wular lake bank. NTPHC, Zurimanz was supported with medicines and equipment's during our previous project and at present, our team is using this clinic as screening center and basic care point for the angler community. To support the functioning, DFY has brought in a specialist from outside India Afghanistan who is a specialist in health and nutrition. He observed the fieldwork of the team and trained the field team with his subject specialization. In addition, a community medicine specialist also joined and guided the team in developing better program for community-based intervention.



WASH promotion in Wular lake

Under the CII funded project DFY is constructing 380 Toilet units for individual households. This team started with a door-to-door baseline survey for each of the houses in these ten villages to collect the information on various scales, which includes social indicators, economic indicators, medical indicators, sanitation indicators and profile of the families. Based on the assessment potential beneficiary list was generated and presented to the community representatives, which included Sarpanch, PRI representatives and village representatives. With the community participation a final list was created. First preference was given to widow/woman headed houses holds/ PWD in the earning member of the family; Second Preference was given to BPL- AAY (**Antyodaya Anna Yojana**) category families; Third preference was given to BPL category families with least family income and unsecured jobs like fishing etc. In addition, WASH team has also



visited schools, Aanganwadi centres to collect WASH relevant data for next phase intervention.

As part of the construction one of the major problem faced is constructing a toilet unit near a bank without contaminating the ground water. The prime issue was that many of the places have high water table. Thus the team has derived three different designs one is for higher water table, second for medium level and last for low level.

Disaster Risk Reduction

Bandipora district of Jammu & Kashmir is a potential flood zone and also faces multiple development issues like high infant mortality, under-development, malnutrition, frequent disease outbreaks, consumption of contaminated water and poor sanitation like open defecation, lack of toilets, etc. To change this condition, CII and DFY has launched a community based risk reduction project in ten villages to develop sustainable practices and mitigate or alter the nature of health risks during normal time and also



during emergency.

To implement this project 10 units of village volunteers were been selected and trained. The aim of this project is to make a village level response unit who not just trained but also equipped to intervene in such situation.

Flood Response project in Kashmir

In a major catastrophic event, Jammu and Kashmir was hit by the worst floods from last six decades. Jammu and Kashmir and its adjoining areas had received immense rainfall in September 2014. In response Doctors For You (DFY) started its intervention from 13th September 2014. In early months of 2015 DFY directly supported the recovery process by capacitated the state health system by organising two state level, 27 district level and 50 block level trainings for health workers on 'Public Health in emergency'. DFY initiated a health facility assessment program on IPHS format for the six flood affected districts. Through this assessment, 77 most critical health facilities were marked. To re-strengthen and



make these facilities functional, DFY supported these facilities with medicines, heaters, bedding, blankets, MCH equipment and other basic equipment. In addition, DFY has also collaborated with civil defence and SDRF (State Disaster Response Force) in organising trainings.

DFY has responded to the most critical healthcare aspects through its thirteen activities in the last six months of its intervention. Following are the activities conducted during DFY intervention:

- Mobile Health Camps
- Chlorine Tablet distribution and IEC activity
- Distribution of clean delivery kits to pregnant woman in last three months
- ARSH (Adolescent Reproductive Sexual Health) Talk
- Health education and WASH promotion camps with special focus on de-worming in schools, Aanganwadi and child friendly spaces
- Community awareness program on WASH, health & hygiene



- Training of Trainers on 'Public Health in Emergency (PHiE)' for health officers, ASHA trainers, facilitators and monitors
- Training of Trainers on PHiE for health officers, ASHA trainers, facilitators and monitors
- Capacity Building training for ASHA workers
- Vitamin A distribution
- Capsule course on PHiE for non-medical volunteers, SDRF and Civil Defense
- Health Facility Assessment
- Health Facility Support

DFY, Mumbai in the year 2015

The year 2015 had been very eventful for DFY, Mumbai. This year saw opening of 2 new health centres along with implementation of few important projects. Now, DFY is touching the life of approximately 3 lakhs people through 4 health centres.

Launch of two health centres: at DFY Mumbai

Shravan Health centre at Kalwa (East) became functional in September 2015 and Govandi Health centre in Santacruz from 2nd December 2015. Shravan Health centre is being operated in association with Gabriel Project Mumbai, while Govandi health centre is supported by Govandi Temple Trust. These centres are catering the health needs of 1.25 lakhs and 85,000 populations respectively.



Vocational Training courses at DFY health cen-

Community development can be ensured unless livelihood measures are not provided. As DFY's focus has been women and children, DFY team organized 6 months long certificate course for Nursing Assistants and 3 months Mehandi classes for adolescent girls and women from the community. 13 women were trained in Nursing Assistant Course and 38 in Mehandi classes. A stipend of 2500 per month was also paid to Nursing Assistant course participants.



Up gradation of Laboratory at Health Centre in Mankhurd:

Prerana Charitable Trust, Mumbai provided support for buying semi automatic biochemistry analyser and reporting software. These new machinery has increased the skills and services of DFY health centres and this has enabled DFY to provide most of the tests at very affordable price. This is definitely beneficial to all the patients who visits DFY centre for any health issues.



Start of Community Based Management of Acute Malnutrition (CMAM) at MRVC DFY Health centre Mankhurd:

In view of high malnutrition prevalence (around 40%) DFY started CMAM program to tackle the problem of malnutrition. The program was formally inaugurated on 16th October 2015 by Mr Prabhat Sahai (CMD, Mumbai Railway Vikas Corporation) and COPD Mrs Prema Ghatge from ICDS Project (Mankhurd). Nutritional supplement in the form of RUTF is being given to Severely Acute Malnourished ((SAM) Children, while for children with moderately acute malnutrition (MAM) Hyderabad Mix is being used.



Nutrition Supplements to Drug Resistant Tuberculosis patients:

Malnutrition increases the risk of tuberculosis infection while Tuberculosis disease also leads to malnutrition. In Tuberculosis patients, adequate nutrition acts as medicine and improves the overall immunity and treatment outcome of disease. In association with Pharmaceutical division of Johnson & Johnson- Janssen, DFY provided protein rich dry rations to 30 MDR/ XDR TB patients. This resulted in zero default rates among TB patients.



DFY's major activities in Assam in the year 2015

Cogitating the disaster vulnerability of the state, the Assam state Disaster Management Authority has been organising disaster preparedness and capacity building training programs across the state. Keeping in line with that program ASDMA has rolled out Emergency Management Exercises throughout all the districts of Assam. The EMEX is conceptualised to test the real time inter agency communication and coordination with all agencies, departments and stakeholders and carry out the drill successfully. The aim of EMEX is to prepare the community at district level for any large scale emergencies.

Doctors For You is one of the lead organisations which has established long term collaboration with ASDMA and District Disaster Management Authorities (DDMA) to coordinate in and implement the EMEX programs in the state. In this week long emergency exercise DFY is conducting trainings in various tracks, i.e. Public health in emergencies, hospital disaster preparedness, and community based disaster preparedness and mass casualty management. During the last two days of the program table top exercise, mock drill, hot wash programs were held in which DFY supported the DDMA to coordinate the drills and exercises and also provided orientation to the volunteers and participants about the mock drills. Team members of DFY were also engaged in observation of the hospital's emergency preparedness exercises.

DFY has been part of three emergency management exercises in this year, i.e. in Bongaigaon, Nalbari and Kamrup metro district (Guwahati) DFY will coordinate with 7 other DDMA to conduct capacity building trainings on various tracks in upcoming emergency management exercises.

Emergency Management Exercises in Assam:



Healthcare response in Lower Assam Floods, 2015

The devastating floods in lower Assam in the month of August-September, 2015, affected around 17,00,000 people all over Assam. In Kokrajhar district 90% of the houses were partially damaged, 8 % were fully damaged and 22% partially damaged as per JRNA-IAG. Infrastructural damages in terms of road connectivity of Bongaigaon, Kokrajhar and Dhubri district were severe. National highway connecting these 3 districts was inundated and closed down by the authority for a week. It was also difficult for the assessment team to reach hubris district for the first week of disaster as bridges were swept away by flood waters.

DFY-NERO carried out health care response in three districts of Lower Assam i.e. Kokrajhar, Dhubri and Bongaigaon. Health camps were organized in the affected villages and relief camps on basic health needs. The aim of the health camp was to address the basic health needs of the community by adopting a community based approach in organising the camps. The camps were organized at village level with the help of coordination with our local stakeholders like ASHA/ ASHA supervisor and school authority etc. The camps were organised with the active participation of the community stakeholders and ASHA workers of the villages. During these health camps health and hygiene talks were also conducted for the community. During the village level health camps complains of loose stools, cold, cough and geriatric issues were found prevalent. More than 900 patients were treated through these village level health camps. Deworming was conducted for 616 number of people.

Apart from health camps WASH promotion was another prime focus of DFYs response in lower Assam floods. WASH promotion activities were carried out in all the



villages and relief camps where health camps were conducted. Demonstration regarding disinfection of wells and tube wells using bleaching powder was shown to the affected community. Water samples from all the assessed areas were collected through H2S kits and all the samples were found to be contaminated both at point of source and point of use. The community was also trained in preparation of stock chlorine solution for disinfecting drinking water along with distribution of chlorine tablets. The health care response in these three districts which included water testing, village level health camps, chlorination, health and hygiene talks, deworming and water, sanitation and hygiene campaign tried to provide basic health care facilities to maximum number of flood affected population and provided services to more than 2000 people within a span of 20 days.

Participation in seminar on "Conflict, Displacement and Children's Vulnerability"

DFY-NERO participated in a two days seminar on "Conflict, Displacement and Children's Vulnerability", organised by Centre for Peace & Conflict Studies, Bodoland University and NERSWN in CIT, Kokrajhar. Objectives of this seminar were to improve the understanding on children's vulnerability due to conflict and displacement especially in Bodoland Territorial Council area, to contribute towards knowledge building on effective programming to reduce children's vulnerability due to conflict and displacement and to analyse and document the impact of conflict and displacement on children. Team members of DFY NERO participated in this seminar and presented a paper on the vulnerability of children during conflicts and disaster from health care perspective. The paper discussed the issues and challenges related to child's health during various response program that DFY carried out in lower Assam. The paper also highlighted how DFY implemented and contextualised Minimum Initial Service Package (MISP) during BTAD violence 2012 and reach out the pregnant women, children and adolescents with basic health care services.



DFY-USA in the year 2015

Project Trisha

PROJECT TRISHA launched in late 2014 to help underprivileged children by providing financial support to treat critical cardiac disorders and provide guidance and assistance to the families. The scope of the project includes critical but non-emergency cases, which require a surgical procedure resulting in significant improvement in the quality of life.

Completed Cases under Project Trisha



Active Cases under Project Trisha



Project Udaan

Project Udaan aims to liberate underprivileged children with type I diabetes and give them freedom from financial burden of diabetes care by providing all medicines and supplies; freedom from myths about diabetes treatment by guidance and education from skilled educators. Currently, the project is in its pilot phase which started in October 2015 and is providing support to three children but aims to expand the project at pilot location as well as other places in India and also to other developing countries in the world.



Doctors for You operations in Nepal

In response to the April earthquake in Nepal, DFY dispatched its first medical team on 27 April 2015 to support humanitarian operations in Nepal. The first team conducted the initial assessment in 4 districts and on the basis of need assessment, DFY designed its intervention in two forms. The first was national level health system support where DFY partnered with DRI, and procured medical equipment and medicines of over 4 tons and donated to Ministry of Health and Population. DFY also provided technical and logistic support for to various district hospitals and tertiary care health centres located in Kathmandu.

The second form was ground level operation in which DFY had deployed 14 Doctors (Gen. Physician, Surgeons, Paediatrics, Emergency Medicines, Community Medicine and Public Health Specialist), 7 Paramedic, 4 disaster management specialist, 1 logistician and 7 support staffs to Nuwakot. In the month of May, DFY dispatched its first medical team and established a field clinic in Panchakanya VDC, Nuwakot. Later, DFY extended its support to District Hospital Nuwakot and Field hospital run by Qatar Red Crescent in Trishuli, Nuwakot. Later DFY extended its reach to other VDC in Nuwakot with outreach and mobile health camps. Overall DFY has provided health services to over 6200



disaster affected people

- **Distribution of Equipment's and Medicines:** DFY with support of Direct Relief International had procured equipment and purchased medicines these are been distributed in all the 14 Earthquake affected districts.
- **Field clinic- Panchakanya VCDC, Nuwakot:** DFY in partnership with PATA had established a field clinic in Panchakanya VCDC which was 2000 Meters above sea level.
- **Supporting Qatar Field Hospital Trishuli, Nuwakot:** DFY currently supporting Qatar run Field hospital with Doctors, Nurses, Paramedics and other technical specialist.
- **Supporting District Hospital Trishuli, Nuwakot:** DFY currently supporting District hospital of Nuwakot. DFY is providing Doctors, Nurses, Paramedics and other technical specialist, and supporting to operate Maternity ward, Paediatric ward and Emergency Section
- **Water Filler Distribution:** DFY with support from TATA chemical is in the process of distributing 100 filters in hospitals and school.
- **Health Camps and outreach program:** DFY has dispatched a mobile team to provide primary health care services to remote parts of Nuwakot district. The team is also involved in multiple public health activity



Establishment of DFY Research centre

In March 2015, DFY also established a new research centre. The centre aims to develop various research based project and convert its field knowledge to the intellectual property for the larger benefit of academia as well as humanitarian organisations.

The very first project of this centre was launched during the Nepal earthquake where along with Nepal earthquake response, DFY research centre decided to conduct research on various disaster aspects, ground assessment and its impact to identify gaps and which will help to develop strategies for future programmes. The data and observation emerged from these studies will be beneficial not only for organization but also to the overall knowledge and literature in disaster filed. In Nepal, there were four main research areas that have been identified and studied: 1) Secondary Traumatic Stress in Humanitarian workers; 2) PTSD in community of Nuwakot, Nepal; 3) Impact of disaster on reproductive health; 4) Infant feeding practices post disaster. A detailed academic paper is published on the same through the research centre.

The Community Peace and Social Recovery Fellowship Programme (CPSRFP) has also been started under the same centre of DFY. The program is launched in partnership of Jindal School of International affairs (JSIA). This is a distinct field based academic programme which is geared towards developing a cohort of students who are trained in the design, implementation, evaluation and research of disaster relief operations. The core aim of the CPSRFP is to explore the linkages between disaster response, development and peace building with a focus on integrating non-traditional techniques for conflict resolution and early recovery in disaster relief. Early Recovery is defined as a "multidimensional process of recovery that begins in a humanitarian setting" and "is an integrated and coordinated approach, using humanitarian mechanisms, to gradually turn the dividends of humanitarian action into sustainable crisis recovery, resilience building and development opportunities." The Fellowship is a competitive programme through which the selected students of JSIA will be placed in various areas of operations of Doctors for You-India (DFY) in a multi-phased training programme over a period of 3-months.

Under the same research centre, an article has been published on '*Crucial to focus on healthcare for adolescent and pregnant women in armed violence*' which was jointly written by Dr. Ravikant Singh, Priyadarshni Rawal and Barnali Sangha. For the coming year, the centre plans to expand its research work in analysis of multiple field level activities and convert the same into academic papers.

Awards received by Doctors For You in 2015



BIG RAKSHAK AWARD

92.7 BIG FM's initiative BIG Rakshak rewards those individuals or organizations who are active in social life and works to support the under privileged or needy. Through this Big FM aim to highlight the inspirational extraordinary individuals who are selflessly working to make India a better place. This is an initiative that celebrates the undying spirit of those ordinary Indian men and women who have performed extraordinary service, and done so selflessly.

Dr. Rajat Jain, Vice president, Doctors For You received 'Big Rakshak' award from Big 92.7 FM at Big FM studio. The award was presented on Rakshabandhan, in the presence of Olymbic double medal winner Mr. Sushil Kumar.

GOLDEN RUBY AWARD

For standing out in the field of medical humanitarian services, Doctors For You was awarded the Ruby Jubilee Healthcare award in Mumbai on 23rd March 2015. The RUBY awards recognize community members younger than 40 who have made their marks in a wide range of professions and enterprises. Doctors For You received this award for excellent contribution to the maternal and child health care services during disaster responses across the six states since its inception.

The award, instituted by Sri Shanmukhananda Medical Centre, a service arm of Sri Shanmukhananda Fine Arts & Sangeetha Sabha, was given away by former President A.P.J. Abdul Kalam, along with Arundhati Bhattacharya, Chairman, State Bank of India, in an event organised to commemorate the 40th anniversary of the medical centre. On behalf of Doctors For You, Dr. Rajat Jain (Vice-President), Mr. Saket Jha (Secretary) and Dr. Naresh Gill (Mumbai Head) received the award.



NGO LEADERSHIP & EXCELLENCE AWAR BY ABP NEWS



17th February 2015, ABP news rewarded Doctors For You with **NGO Leadership & Excellence award** for its excellent contribution in the humanitarian field.

Mr Saket sinha represented Doctors For You at the award ceremony and received the award.

Various appreciation letters received by



The year 2015 remained a very challenging and active year for Doctors For You. We managed to provide our humanitarian health services through our six field sites including Assam, Bihar, Jammu & Kashmir, Tamilnadu, Mumbai and Nepal. During the year, DFY had Jammu & Kashmir flood relief & rehabilitation projects, Assam flood response, Extension of Mumbai health facilities, Tamilnadu flood response and the launch of CCOP program in Bihar.

Doctors For You is highly grateful to all its partners, donors and other stakeholders who have been a part of this journey and would like to thank all of them for their support, motivation and contribution.

DFY PARTNERS IN 2015



Confederation of Indian Industry



Applying Thought





DOCTORS FOR YOU

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WISHES ALL ITS
WELL WISHERS, STAKEHOLDERS
& PARTNERS
A VERY

*HAPPY NEW YEAR
2016*

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DFY INTERNATIONAL CHAPTER: DFY USA



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Doctors For You (DFY) is a medical humanitarian organization formed by a team of highly experienced and specialized doctors from various parts of the world. DFY's focus is to address the most alarming and concerning problems faced by mankind today viz. healthcare, hygiene, disaster response and emergency medical aid in the most affected, developing countries, thereby touching millions of lives around the world.

Genesis of Doctors for You

The genesis of "Doctors for You" dates back to the time of crisis when Mumbai witnessed the one of the worst outbreak of Malaria & Dengue. Thousands of people were affected. A group of young doctors decided to take on the challenge and address this issue. The word spread, people flocked in to donate blood/platelets and many lives were saved. Owing to the success, the group organized various such drives all across the city. The group decided to formalize the initiative and registered the organization, and 'Doctors For You' was born. In 2008, during the Bihar floods (a national disaster), it was felt that there was no dedicated medical disaster response team in India for the disaster relief work. Doctors for You decided to fill this gap and immediately responded to the call of Nation. A team of 45 doctors was immediately sent to Bihar for flood relief work. The team worked in Bihar for six months treating over 130,000 patients especially women and children. At present DFY has established itself as an organization working on disaster health and primary health

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